

Hi! Here are the things that you need to know for the triathlon on July 28th:

We have 3 days of Packet Pick Up for your convenience: (San Antonio, Austin and Marble Falls)

PACKET PICK UP INFORMATION: Must show valid ID

Wednesday, July 24th, 4:00 pm-7:00 pm

Alamo Beer Company

202 Lamar Street, **San Antonio, Tx 78202**

Thursday, July 25th, noon-5:30 pm

Austin Tri-Cyclist

923 Barton Springs Rd., **Austin, Tx 78704**

Saturday, July 27th, noon-5:00 pm

Holiday Inn Express

714 Corazon Drive, **Marble Falls, Tx 78654**



RACE DAY PACKET PICK UP ONLY IF PAID FOR THROUGH THE REGISTRATION SITE.

You can go in and edit your choice for packet pick up by going to your confirmation email and clicking on "Manage Your Registration," then click on "Change Answers" Edits end at noon on 7/24/24.

~NO RACE DAY REGISTRATIONS~

New USAT rules allows for friends/family to pick up your packet. **YAAAYY!** You just need to show the ID (screenshot, photocopy) of the person/people you are picking up for.

Transition area: Opens at 5:30 am and closes at 6:50 am No spectators will be allowed in the transition area. Bikes are open racked.

Body Marking: Please body mark **at home**. Your number goes on both arms from shoulder to elbow. Write an "I" (for Intermediate) or an "S" (for Sprint) on the back of the **left** calf. Write your age (**as of December 31, 2024**) on the back of your right calf.

Timing Chips: This year, we will be using disposable chips and you'll pick them up on **race morning** beginning at 5:30 am. You must show your race bib in order to get your timing chip. Timing chips must be worn on the ankle. If you are a part of a **Relay Team**, will have traditional reusable chips and must hand the timing chip off to your teammates upon **completion** of your portion of the event.

Bikes: All bikes must have handle bar plugs and be in good working condition. Please do a standard bike safety inspection before the day of the triathlon. Helmets approved by the US Consumer Product Safety Commission (CPSC) are required.

PACKETS: Your packet will contain 1 race bib (to be worn during the run), a helmet sticker and a bike sticker. The bike sticker can be placed anywhere on your bike and is a security measure to make sure the bike leaves with the owner.

Intermediate Distance will have race bibs 1-220 (red bibs)

Sprint Distance will have race bibs 300-520 (black bibs)

SWIM:

Intermediate Distance will begin at 7:00 am with a time trial start. Every swimmer will enter the water about 2-3 seconds apart. [CLICK HERE TO SEE THE INTERMEDIATE SWIM](#)

The Sprint Distance will enter in the same fashion around 7:15 am. [CLICK HERE TO SEE THE SPRINT SWIM](#)

Bibs have been assigned according to swim times with the faster swimmers in the front. If you registered late and got a high race bib number, please adjust yourself in line.

BIKE:

The route for the bike is the same for both Intermediate and Sprint distances with the Sprint turning around half way. There is a slight change in the route at the very beginning due to road construction.

[CLICK HERE FOR THE INTERMEDIATE BIKE ROUTE](#)

[CLICK HERE TO SEE THE SPRINT BIKE ROUTE](#)

You are responsible for turning around at the correct turn around point on the bike course. There will be signs/arrows at each turnaround point along with a volunteer. Those volunteers will not know which distance you are registered for, so it is up to you to pay attention to those turn around points.

Roads are open to regular traffic so all cautions must be taken and traffic laws must be followed. Must carry your own hydration on the bike course.

Airpods and earphones of any type are not allowed at any time during the triathlon.

Please be aware of the mount/dismount line coming out of and going into the transition area.

RUN:

There will be 2 water stops on the run course. The Intermediate Distance will pass it 4 times, the Sprint Distance 1 time.

[CLICK HERE FOR THE INTERMEDIATE RUN ROUTE](#) [CLICK HERE FOR THE SPRINT RUN ROUTE](#)

You are responsible for staying on the correct run route. There will be signs/arrows posted along the route to show where the Sprint runners turn and where the Intermediate runners turn. We hope to have volunteers at key intersections, but ultimately, it is up to the triathlete to make sure you are following the correct route.

BIKE/RUN PARTICIPANTS:

Bike/Run participants can begin their race when the first individual triathlete exits the transition area for their bike portion of the event.

You are responsible for staying on the correct run route. There will be signs/arrows posted along the route to show where the Sprint runners turn and where the Intermediate runners turn. We hope to have volunteers at key intersections, but ultimately, it is up to the triathlete to make sure you are following the correct route.

VOLUNTEERS NEEDED!!

Please contact Lisa or Roger Soler if you know of anyone that would like to volunteer.

Lisa@solarsports.com – 210-860-2182

RogerSoler1960@gmail.com - 210-863-2656

[CLICK HERE TO SIGN UP TO VOLUNTEER](#)